

Coping with Stress, Trauma and Abuse

[A boy and a bear : the children's relaxation book](#)

Lite, Lori, 1961-

1 v. (unpaged) : col. ill. ; 22 cm.

jp Lite

A boy and a polar bear who share a friendship learn to relax together.

[Call me Hope : a novel](#)

Olson, Gretchen.

New York, NY : Little, Brown, 2007.

272 p. ; 21 cm.

j Olson

In Oregon, eleven-year-old Hope begins coping with her mother's verbal abuse by devising survival strategies for herself based on a history unit about the Holocaust, and meanwhile she works toward buying a pair of purple hiking boots by helping at a second-hand shop.

[A Taste-Berry Teen's Guide To Managing The Stress And Pressures Of Life](#)

310 p. : 24 cm.

YA 155.9042 T215

[One April morning : children remember the Oklahoma City bombing](#)

Lamb, Nancy.

1 v. (unpaged) : col. ill. ; 29 cm.

j 976.638 L218 on

[The lottery rose : a novel](#)

Hunt, Irene.

185 p. ; 22 cm.

j Hunt

A young victim of child abuse gradually overcomes his fears and suspicions when placed in a home with other boys.

[Don't hurt Laurie!](#)

Roberts, Willo Davis.

166 p. : ill. ; 22 cm.

j Roberts

Laurie is physically abused by her mother. Can she escape? Will anyone believe her story?

[Gillyflower](#)

Howard, Ellen.

106 p.; 22 cm.

j Howard

Sexually abused by her father and fearing for the safety of her younger sister, Gilly seeks the courage to tell someone what is happening.

[Our Gracie Aunt](#)

Woodson, Jacqueline.

1 v. (unpaged) : col. ill. ; 29 cm.

jp Woodson

When a brother and sister are taken to stay with their mother's sister because their mother neglects them, they wonder if they will see their mother again.

Tadpole

White, Ruth, 1942-
198 p. ; 22 cm.

j White

In rural Kentucky in 1955, Serilda Collins, single mother of four lively girls, discovers that her orphaned nephew is being subjected to brutality.

Gossamer

Lowry, Lois.
140 p. ; 22 cm.

j Lowry

While learning to bestow dreams, a young dream giver tries to save an eight-year-old boy from the effects of both his abusive past and the nightmares inflicted on him by the frightening Sinisteads.

Touching Snow

Felin, M. Sindy.
234 p. ; 22 cm.

YA F31527 to

After her stepfather is arrested for child abuse, thirteen-year-old Karina's home life improves but while the severity of her older sister's injuries and the urging of her younger sister, their uncle, and a friend tempt her to testify against him, her mother and other well-meaning adults persuade her to claim responsibility.

Christophe's story

Cornwell, Nicki
74 p. : ill. ; 21 cm.

j Cornwell

Coping with a new country, a new school and a new language, Christophe wants to tell everyone why he had to leave Rwanda. He is determined to find a way to break through all these barriers so he can share his story.

When eagles fall

Casanova, Mary.
152 p. : 22 cm.

j Casanova

Still coping with her brother's death and her parents' subsequent divorce, thirteen-year-old Alex finds herself stranded on a small, deserted island in Minnesota with an injured eaglet.

Twice taken

Pfeffer, Susan Beth, 1948-
199 p. ; 22 cm.

YA P524 tw

A support group of teenagers coping with family problems helps Amy to adjust after she's ordered to live with her mother following the discovery that her divorced father abducted her years ago.

Dear Mr. Henshaw [sound recording]

Cleary, Beverly.
2 sound discs (2 hrs.) : digital.

Compact disc ZV DEAR R11

Cass ZV DEAR R30

j Cleary

In his letters to his favorite author, ten-year-old Leigh reveals his problems in coping with his parents' divorce, being the new boy in school, and generally finding his own place in the world.

[The right touch : a read aloud story to help prevent child sexual abuse](#)

Kleven, Sandy.

(unpaged) col. ill. 26 cm

jp Kleven

As a way of teaching her little boy about sexual abuse, a mother tells him the story of a child who was lured into the neighbor's house to see some non-existent kittens.